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## LLH Shuffle

Choreographed by Roger Ingmire

Description 32 count, 4 wall, beginner line dance  
Music The Rock (Shorten Version) by Ms. Jody (121 bpm)  
Intro 16

### RIGHT TRIPLE FORWARD, LEFT TRIPLE FORWARD, SWAY 4X

- 1&2 Chassé forward right-left-right  
3&4 Chassé forward left-right-left  
5-8 Rock right side and sway right, sway left, sway right, recover to left and sway left

### RIGHT TRIPLE BACK, LEFT TRIPLE BACK, SWAY 4X

- 1&2 Chassé back right-left-right  
3&4 Chassé back left-right-left  
5-8 Rock right side and sway right, sway left, sway right, recover to left and sway left

### LINDY SHUFFLE RIGHT, LINDY SHUFFLE LEFT

- 1&2 Chassé side right-left-right  
3-4 Rock left back, recover to right  
5&6 Chassé side left-right-left  
7-8 Rock right back, recover to left

### RIGHT JAZZ BOX, RIGHT JAZZ BOX ¼ TURN

- 1-2 Cross right over, step left back  
4-5 Step right side, step left together  
5-6 Cross right over, step left back  
7-8 Turn ¼ right and step right forward, step left together

REPEAT